

International summer camp FdI-2019

Participant's memo

Socio-educational Program «Formulo de Integreco» is glad to invite 14–18-year-old students from all over the world to take part of the Summer International Camp! Let's spend two weeks in the summer together with benefit!

Transfer: traditionally, we meet each team at the airport or railway stations and accompany participants to the camp. It is important that you:

- arrive to St. Petersburg on July 16 not later than at 13:00;
- leave the camp not earlier than on July 30 at 10:00.

Participants will be accommodated in rooms for 2-4 people. There are showers and bathrooms on each floor.

We provide six meals a day: breakfast, lunch and dinner with three snacks in between.

Daily activities in our camp include two parts: educational (one subject by choice) and creative ones. Both of them are obligatory.

Teaching and communication will be in English! Required level of language is intermediate or B1 at least. After submitting the registration form, we will contact you about an interview to determine your level.

During the shift, there are only two excursion days. Their cost is covered by the price of the tour.

We recommend you to bring the following...

I. Documents:

- Printed and signed agreement with LLC «UniversUm»;
- Passport with Russian visa and their copies. While crossing the border you will be given a «migration card» which you will need to leave the country, so we recommend to keep it with your passport.

II. Personal belongings:

- A few changes of everyday clothes, including warm clothes (jackets, sweater, sometimes it can be cool at nights),
- Sports clothes and shoes,
- Smart clothes and shoes (for performances),
- Comfortable outdoor and indoor shoes (preferably several pairs),
- Headwear (cap, bandana, etc.),
- Sleeping clothes,
- Umbrella or raincoat, waterproof shoes,
- Swimsuit;

Keep in mind that the weather in Saint-Petersburg and it's suburbs is rather unpredictable!

III. Hygienic supplies:

- Toothbrush, toothpaste,
- Shampoo, shower gel, etc.,
- Rubber flip-flops (for shower),
- Any personal hygienic supplies you may require,
- Towels (bath towel, face towel)
- Mosquito repellent;

IV. School supplies (depending on the profile you've chosen):

- File folder,
- Copybook,

- Pencil case (pen, pencil, ruler, eraser, compass).

It is FORBIDDEN to bring following items: carbonated drinks (except mineral water), products with a high content of spices (chips, crackers, pickles, fast food products), perishable products (dairy, meat, sausages, fish, poultry, salads, cream products (cakes, pastries), mushrooms, canned goods), alcoholic and tobacco-containing products, electronic cigarettes, explosive objects (firecrackers, Bengal lights, fireworks, etc.)

ATTENTION! In the case any of listed items are found, the organizers have the right to withdraw them, because this contradicts the rules for the safe presence of participants in the recreation center.

Timetable for participants:

08:00 – Good Morning
 08:30 – Morning exercises
 08:45 – Breakfast
 09:15 – Start of the day
 09:30 – Classes
 11:30 – Brunch
 12:00 – Classes
 14:30 – Lunch
 15:00 – Activity of choice
 16:30 – Sport activities,
 17:30 – Afternoon snack
 18.00 – Preparation for the evening event
 19:00 – Supper
 19:30 – Evening event
 20:30 – Evening light
 22:00 – Preparation for sleeping/Meeting of the Duty Commanders
 23:00 – Everyone goes to sleep

In the creative part of the day (after lunch) the participants will be engaged in such traditional for the FdI camps activities as:

- discussions,
- mind games,
- role-playing and business games,
- sport activities,
- Workshops on various topics, including language classes led by participants from different countries,
- quests,
- candles (evening conversations in the groups on a certain topic),
- team-building trainings
- and many other things.

For news during the camp you can read our daily blog: <https://www.formulo.org/en/blog-en/>

You can ask any questions

- by e-mail tendaro.somera.internacia@formulo.org,
- directly to program chief manager Igor Zhukov:
 - [Facebook](#),
 - +7 (905) 281-90-89 (Viber, What'sApp),
 - [e-mail](#).

*The most important thing – do not forget to bring good mood
 and a desire to communicate, create and learn new things!
 Looking forward, «Formula of Unity» organizers*