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Maria and Elizabeth FDI WEEKLY Editorial

Dear readers,

We present to you the new issue of our magazine. This issue is very special for us because it had to be created in but half a day. Although usually it takes about a week to comprise a new issue, our authors have worked really hard and did their best. So that you could read your favourite magazine today!

Our authors suggested a lot of ideas and we had to choose the best ones quickly. They had heated debates about variuos topics. Suddenly an inspiration came to them and authors started to create this unusual issue together. The work was divided between some groups - the author and the cover artists who made the amazing cover we have!

It was a pleasure to work with our authors and we hope it will be a pleasure for you to read it! Elizabeth and Maria

NATIONAL FESTIVALS AND HOLIDAYS.

 Any holidays in different countries are very diverse. Now each country has its own holidays and festivals. As for me, I very like our holidays in Russia. What about other countries...

•There are several major and important holidays in Ecuador. One of the most important holidays is Quito Foundation Day. Quito is the capital of Ecuador. This holiday is preceded by a long preparation. Bright and colorful costumed performances take place on the three largest squares in the old part of the city. Fairs are held on the squares, where they sell knitted souvenirs. The holiday itself, people celebrate December 6.



• One of the most popular and favorite holidays in Iran is Novruz. Novruz is the holiday of the beginning of the new year according to the astronomical solar calendar. On the eve of the onset of the last Tuesday of the old year, the Iranians burn bonfires and sing national songs. At



the festive table, the Iranians have various treats. After the New Year has come,



the Iranians traditionally go to visit each other, to relatives and friends, to give presents and to cook delicious food.

• in Russia, Maslenitsa is a favorite holiday. On this holiday, people traditionally eat pancakes. Their round shape is the sun. The same people traditionally burn a scarecrow. This scarecrow denotes the winter that people see off. The holiday Maslenitsa is held in the last week of winter. people are always very happy to celebrate this holiday.



By Daria

Laziness — is it a blessing or a curse?

Nowadays, a lot of people are lazy. Teenagers like to blame different histories of great inventions on laziness. "Laziness will save our world!" — they repeat this phrase from different publics on the Internet. And then they add: "That's why we don't go to school" or "And we don't clean our room!". But will laziness really save our planet?

In the twenty first century everybody knows interesting stories about how people had created different fantastic inventions. They tried to make life easier because they were lazy. For example, people didn't want to look for food every day. They needed something, where they could keep their food. And they invented the fridge! And it is only one story about great invention because of laziness. But it was in past!

Today technology is everywhere. Nobody can imagine their life without internet, TV, computers and etc. People move only by cars, not on foot. They have a lot of problems with health because they don't move on their own. Moreover, different robots and machines do all duties of people. And one day humanity just will disappear from the face of the Earth.

But on the other side, people continue to create new things. Thanks to progress we explore the universe, cure diseases and etc.

People save the world and find solutions of different problems because of laziness...

But they kill planet by progress.

We can see that laziness save us in the past, but now laziness kills more than help.

Don't forget that it is free cheese only in a mousetrap.

By Ksusha

Dreams of people Let to tell about dreams. So, I suppose, everyone has lots of them. We have it in our sleeping and mind. But do they connect? I think so. When we are thinking about something, this idea do not go from our mind. I will tell you really strange story. Two years ago I did a project dealing with biology. I grew frogs at home. It's sounds strange but it's so. At that time I was thinking only about my project. So, what do you think was next? I had a weird dream before the performance of my project. I saw a monument devoting a frog. I would like to tell you, that if you have such strange story as I, it can be connect with some events in your life or different thoughts in your mind. Think about that... All your dreams mean something. More over, they can be dealing with your dreams in mind.

By Eleonora

Cats and us

Many people have different pets and the majority of them are cats. Somebody can't imagine his or her life without these animals. Everybody think that they are very funny and cute creatures. But are they really so cute and kind? Let's think about it.

Cats have always been in our lives. And people have learned to recognize their behavior. First that we found out about cats it's that they love sleeping and eating very much. Sometimes they even disturb people sleeping. Cats like sleeping with people or even at their heads. I think everyone knows this situation.

Another funny thing about cats. If you accidentally push the cat or say something rude it will be offended by you. And it won't regiont at you for few days . It is quiet interesting, isn't it? Actually cats are very clever creatures. They feel when we are unhappy or worried about something. They try to help us. It's interesting to know that keeping a cat as a pet is good for health!



Cats are like doctors! Scientists have proved that if you stroke a cat, then your blood pressure will go down and your stress and loneliness will be reduced too. Also everybody likes to listen to happy purring, coming home.

But you also know that cats are dependent on people. They feel loneliness too when we forget about them. We should take care of our pets and love them even they are mischievous. In spite of something they love and support us. Where can we buy some hours of sleeping?

SOME WORDS ABOUT THE THEME

First of all, I want to answer this question – exactly, nowhere.

I want to say some words about "Why healthy sleep is important?". A healthy sleep gives us more energy, if you are sleeping bad you can feel yourself exhausted and that's not good, believe me. Everyone needs to sleep well; I want to help you with this problem.

And some tips and tricks if you are student maybe, or something just like this.

And what do you need to sleep more? I can help you with that. But if you are a leader or a teacher I can't do something with your sleep.





Firstly, if you are already sleeping you no longer need to wake up, yeah, you need to be in coma, that's sad, but you always get enough sleep now. Secondly you need to go to sleep earlier, and then you can wake up at the same time, yeyeyeye that sounds great. Let me explain, the earlier you go to bed, then more you sleep, that's easy, you see.

Now we need to get serious, one hour before bedtime it's recommended to turn off the phone, TV and so on, so

that your eyes will have a rest. Before going to bed, you need to ventilate the

room. It is known that fresh and cool air in the room contributes to the rapid falling asleep.

In conclusion, I want to say that healthy sleep is very important for each of us, so this tips and tricks can help all of us to achieve this. And have a good night!

By Styopa



How to make people to listen to you?

Talking with people we hear practically 60% of information and remember only 25% of it. Are you surprised? Every day companies make more advertisements which are brighter and louder. For this reason, we are getting used to it and don't listen to each other. However, everyone wants to be heard.

Luckily, there are some tips to attract people. First of all, you must say 'no' to gossips, negativity, judging, complaining, excuses, lying and dogmatism. Also, don't confuse facts with opinions. Furthermore, say 'yes' to the word-HAIL. H-honesty. You need be clear and truthful. A-Authenticity. You should be yourself. I- for Integrity. Be your word and do what you have promised. L-love. Be kind and polite with everyone.

One more tip is connected with your appearance. Wear trendy and unusual clothes to express yourself! There is a wise idiom: 'People say 'Hi' to your clothes, and 'Goodbye' to your mind'. Don't be afraid of being strange. Smile will help you to seem happier, so people will communicate with you easier. Furthermore, you can regular you voice. We vote for politicians with lower voices. It's true. We associate depth with power and authority. That's register. Moreover, don't be monotonous! Use prosody to impart your ideas. Change your speed or volume of speaking to emphasize. Make a pause to attract audience and not have ums and ahs.

There are hundreds of other ways to capture someone's attention. Eyes contact, pleasant and polite words, movements... But don't forget to be yourself, trust your feelings and encourage yourself to communicate with others.

How to survive in very cold Russia?

Hi, how are you? Oh, you can't say anything because you are frozen? Well, let me tell you a bit about how to survive in very cold Russia!

First, let's just think about problems that we have:

Cold weather;

People becoming lazy because of cold weather;

People getting ill because they are lazy;

People dying because of illness;

And it's not good, is it?

So now, when we know the problems, we need to find a solution!

But here we can see another question. Who are we doing all this for? First of all, of course for foreigners! So, let's ask them, what they are doing to save their lives.

Ariana (Grande Domenica): I am wearing a lot of layers of warm clothes, eating a lot of hot food;

Henry: I always have a bottle of cold water with me to be as cold as everything outside (POV Author: like a frog? LOL), wearing a lot of jackets and my super boots;

Mohammad: I am wearing a lot of clothes, eating hot food;

Amirkia: I just sleep and eat (POV Author: LOL, I just like this idea so much)

You see that most of them have told the same things and I really liked their ideas, so let me conclude!

- Firstly, you need to wear a lot of clothes at the same time: t-shirts, shirts, sweaters, jackets, coats, gloves, hats, skarfs, thin trousers, thick (winter) trousers, boots and other stuff. But if you don't have all of this clothes, and I'm sure you don't have all of this clothes, just put on everything you found in your wardrobe, but be sure that you feel comfortable in it. This solution helps you to stay warm outside, but when you will get in a house, you can put of, for example sweater and just stay in shirt if you want to. I think this solution is one of the best!
- Then, you need to be sure that you have something hot to eat and drink. It can be just a bottle of tea and an apple, but just trust me, it will give you a lot of energy when you will be frozen.
- Another important thing is to be not alone, but with group of people (from FdI), because then you will be sure that there are friends with you, that they will help you or you will help them, that at least one person in group will have food, that they can give you some clothes to help you stay warm and of course that you will be able to hug everywhere and whenever you want, so you will never die!

Now, when you know some of rules how to stay alive in Russia, I hope you will enjoy your holidays, but remember that the best solution to survive is hugging all the time!

Mary the Duck*^*

How to find the right path in your life?

When I start thinking about my future, about my job and about my adulthood, I just want to stop thinking at all. Because now it's really the hardest question in my life. I'm seventeen, and I have no idea what I'll do in the future. I just can't understand what I like the most. In what area of life I want to be a professional? How do I realize what I really want

At school I have a great teacher of Social Studies. She has wonderfull thoughts on my question. She has a hobby, it is a thing that she really loves. And then she turn it into your job, but she never called it "job", and never thinking about earning money. And how just her work stops bring pleasure, she change it. Like when she wakes up one morning and thinks something like "ohhh, I don't want go there", that's a signal for her that she needs to change smth in her life.

So she has two diplomas and now she is studying again to get one more and work where she wants. I really admire it. I find it so right.

"You must change your work every five years". I've heard such phrase many times from different smart people. I think it's a good advice. If you made a mistake, you always can start over.

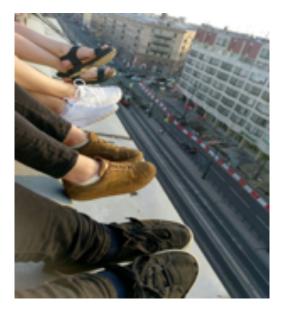
By Alexandra

What is better - friendship or romantic relationship?

If you have ever been in a relationship where your love is unre, you know what this article is going to be about. I think that every teenager thought about it at least once in their life.

When you find yourself in a situation when you are interested in a person in a romantic way and they are not sharing your feelings, you face a difficult choice. You can open up your feelings to that person and in most cases it will cause huge amount of problems, which could break any relationship between you. But there is another way. You can try to make friends with them, because the thing is that friendship and love does not differ widely. Both of them are about having a good time with someone you like, but you are more free in a friendship. **We are always happy to see our**





friends and never expect anything from them in return, when love is usually consists of expectations.

Also, romantic relationship imply great responsibility. And when you are a teenager you are not always ready to think not only about yourself, but also about another person. At the same time, friends also take care about

each other, but it is your own decision what to share with your friend.

All in all, for different people answer for a question like "What is better" will be different, because all humans are different. But think carefully about how many advantages friendship provides before making a decision whether to confess your feelings or not.

By Ulya



The Mystery of Strange Words

If you like learning something unusual and interesting, this article is for you!

Every language has its own words that we can't translate. So, today I'll show you some of them. In Russian language there is a huge number of such words.

The first one is "toska". It means ache of soul, longing with nothing to long for.

Kaif- is a word to say that everything is perfectly good, that it feels good, and that the experience of that situation is just amazing.

'Yes no, maybe Russians love using this common phrase as much as they like making fun of it. It is one of the ways to say "no" in Russian, but it is a soft "no". 'Maybe" in this case means nothing in particular? It just shows that you are not sure in your "no".

Guys from Ecuador said to me some words from their language and meanings of them.

Chévere, bacán (informal) = cool Patatús = when you are sick and look kind of confused Batracio(informal) = awful Turro (informal) = bad quality

Iranian friends gave me not just words but statements

with a great pleasure. Here they are:

کارد به استخونم رسید [kard be ostokhoonam reside]=I am really under pressure [dastam be damanet]=i need your help (یره به کرمان بردن [zire be kermoon bordan] =do something for no reason مغز استخونم لرزید [Maghze ostokhoonam larzid] =I am so cold مغز استخونم لرزید [zire pam alaf sabz shod] =I am waiting for a long time [cuc a de cuc for a long time]] (یونم مو در آورد

So, I suppose that it's just the little number of words that we can learn. Right now in our camp you have a great opportunity to learn some interesting words and phrases from native speakers. Just ask your campmates to help you. It seems to be really interesting!





By Anna

